



SPJ SADHANA SCHOOL

(Empowering persons with special needs)

JULY NEWSLETTER 2026

In the month of July 2026 SPJ Sadhana School welcomed 35 students and 2 teachers from the Department of Psychology, KET's V. G. Vaze College of Arts, Science and Commerce, Mulund, for a visit to the school. The students were and oriented by the school psychologist, Ms. Kashmira Vazifdar. The visit gave the visiting students an opportunity to learn about special education and understand the role of psychology in working with children and young adults with intellectual and developmental disabilities. The students visited the classrooms and observed our educational programmes and therapies. It was indeed a meaningful and informative experience for the visitors, who provided very positive feedback. All of them rated the physical environment of the school as "good/excellent". They mentioned that the way the school functioned was "very impressive" and they all stressed the "care", "patience", "empathy" and "non-judgemental" approach in the way the students were handled. The feedback conveyed that the visitors were "truly inspired" by the school.



SPJ Sadhana School was delighted to welcome Mrs. Rekha Mehta and Mr. Bhavin Kothari, Trustees of Shraddha Charitable Trust, along with their staff, for a visit to the school. During their visit they interacted with our students, observed various classroom and workshop activities and engaged with our Management and staff members. They appreciated the work being carried out at the school and shared that the visit provided them with valuable insights and practical ideas to strengthen their own workshop. Graduating Students of the school join Shraddha Charitable Trust for vocational career.

Students of the Skills Enhancement Class participated in a meaningful and useful rainy day session involving Umbrella Painting. The focus of the session was on awareness and recognition of the umbrella as an item used in the rainy season, as well as on improving fine motor skills such as brush control and use of colours and patterns. Students participated enthusiastically in this activity, transforming plain transparent umbrellas into colourful works of art.



Grade III celebrated Kiaan's birthday with homemade food, delicious healthy cake and lots of love. Kiaan gave his classmates sweet keepsakes as a birthday gesture. The celebration provided the students an opportunity to participate in recreational activity as they spent a day out at the Play Zone with classmates.



Guru Purnima which has always been a day dedicated to those who guide, nurture and shape our lives, was celebrated this year at Sadhana School in a truly unique and unforgettable way, by honouring the first gurus in every child's life - PARENTS. Parents from across our school sections gathered to witness an event that acknowledged their extraordinary journey as caregivers, advocates and partners in their children's growth.

The programme commenced with a thoughtful presentation on the essence of Guru Purnima, reminding everyone that the first lessons of life are learned in the loving embrace of one's family. This was followed by delightful performances by our talented students, whose dance, music, singing and magical art filled the hall with pride and joy.



The highlight of the evening was the presentation of five special awards, each recognising a unique aspect of the parenting journey. The Debutant Award welcomed new parents into our school family, appreciating the courage and hope with which they had embraced a new beginning. The Beacon of Hope Award honoured parents who had extended support and encouragement to other families while actively contributing to the school community. The Pillar of Strength Award recognised parents whose unwavering commitment and perseverance had enabled their children to overcome significant challenges. The Inspiration Award celebrated families who continued to rise above personal hardships with remarkable courage and optimism. Finally, the Lifetime of Love Award paid tribute to parents who had journeyed alongside the school for many years, demonstrating unconditional love and steadfast dedication to their children.



As each citation was read aloud, the atmosphere became deeply emotional. There were smiles of pride, tears of gratitude and heartfelt applause that echoed throughout the hall. Many parents expressed that for the first time, they felt their silent struggles, sacrifices and unwavering love had been acknowledged and appreciated. It was a moving reminder that every small milestone achieved by a child is made possible by the tireless efforts of a family standing firmly behind them.

The event concluded with the touching song "Shukriya", a heartfelt expression of gratitude to every parent for trusting the school with their precious children. Through music and words, the message resonated deeply: You are not alone. Together, as parents and teachers, we walk this journey hand in hand, celebrating every success and supporting one another through every challenge. To every parent we say once again - thank you for believing, for persevering, and for inspiring us each day. You will always be your child's first Guru and forever our partners in this beautiful journey.



Thus the month of July 2026 was filled with beautiful, meaningful and inspiring moments.



Dr. Rosendo Ribeiro Children's Complex, Sophia College Campus,



Bhulabhai Desai Road, Mumbai 400026



Tel: 022-23517913, 022-23510853,



Mobile No - +91-7304928910



Email:-

spjsadhana@gmail.com

admin@spjsadhanschool.org



Website: www.spjsadhanschool.org

